



NORTH NEWS

NEWS FROM THE HUDSON SENIOR CENTER

A PROGRAM OF THE HUDSON NH RECREATION DEPARTMENT

Happy Holidays and Happy New Year!

The Hudson Senior Center is Re-Open! We are still working on adding programming to the schedule...But we are happy to announce some new activities and bringing back some old favorites! Thank you so much for your patience as we continue to re-open! We look forward to having you back at the Hudson Senior Center for activities! Please RSVP for all your programming by stopping by or you can call 578-3929. We will be closed from December 24 - January 2

*** Wednesday in the Activity Room**

We have lots of fun offerings on Wednesdays in the Activity Room!

1st Wednesday - Book & Puzzle Swap

2nd Wednesday – Foot Clinic – call 603-689-2899 for appointments

3rd Wednesday – Book Club – Reading “A Country Life” by William S. Morse (copies available at the HSC)

4th Wednesday – Foot Clinic

5th Wednesday - Quilters

INCLEMENT WEATHER!

Yes its that time of year to prepare for Inclement Weather. Be sure to watch the local Government Channel HCTV or WMUR TV or WMUR Website. We will also display it on the Town of Hudson Website under the Senior Center Pages. Look for the Inclement Weather Tab!

NORTH BARN PRESENTS

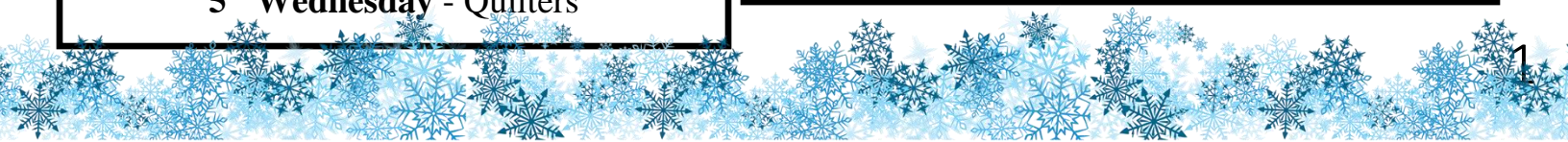
Our North Barn Presents on Tuesday Mornings at 10am will resume on January 18 when “Easter Seals” will be here to present. The “Coffee with the Cops” will be here the following week on January 25. Join us in the Function Room

TECHNOLOGY CLASSES

John is here on Tuesdays to help you with all your technology...phones, tablets, computers etc. He is offering appointments starting at 9am. Sign up by calling 603-578-3929 or stop by!

EXERCISE CLASSES

The Senior Center is host to many exercise classes during the week. So if you New Year’s Resolution is to get moving we have a way! Please see the schedule for more information!





NEW SCHEDULE!

MONDAY

8:00am Center Opens
 9:00am Billiards
 10:30am Aerobics \$5
 1:00pm Ping Pong & Corn Hole
 4:00pm Center Closes



TUESDAY

8:00am Center Opens
 9:00am Billiards
 9:30am Walking Group/Snowshoeing
 10:00am North Barn Presents
 1:00pm Tech Help Tuesdays
 (Call to book an appointment at 603-578-3929)
 1:00pm Strength & Balance \$5
 4:00pm Center Closes

WEDNESDAY

8:00am Center Opens
 9:00am Billiards
 9:00am Silver Knitters
 9:00am Wednesday in the Activity Room *
 12:00pm Center Closes



THURSDAY

8:00am Center Opens
 9:00am Billiards
 9:30am Walking Group/Snowshoeing
 9:00am Line Dancing - Beginners \$5
 10:30am Line Dancing - Intermediate \$5
 1:00pm Corn Hole
 1:00pm Aerobics \$5
 2:30pm Strength & Balance \$5
 4:00pm Center Closes

CLOSED DATES & NO CLASSES

We are Closed : December 24 - January 2
 No Line Dancing 1-6-2022
 Closed January 17, 2022

Registration for our next Fiscal Year begins in June.
 Registration is \$10 a year and we are not limited to
 Hudson Residents. Come join us in 2022!

HUDSON RECREATION DEPARTMENT
 SENIOR CENTER PROGRAM
 LOCATED IN THE NORTH BARN AT BENSON PARK
 19 KIMBALL HILL ROAD, HUDSON, NH 03051
 603-578-3929 WWW.HUDSONNH.GOV
cpeterson@hudsonnh.gov
lbowen@hudsonnh.gov

2022
 happy New Year